

# Psychology with a Certificate in Mental Health Skills

College of Natural and Health Sciences

**Credit Hours:** 120 hours minimum Total - 45 credits for Major

**Declaring the Major:** Plan Declaration form may be submitted once a student has successfully completed 15 credits and received a passing grade in PSYC 101.

**Concentrations:** None

UNIVERSITY OF WISCONSIN

**PARKSIDE**

## First Year

### Semester 1

Course	Credits	Course Notes	Category	Major GPA					Min. Grade	Grade	Complete
					Fall	Winter	Spring	Summer			
ENGL 100 - Fundamentals of English	3		SK		●		●				
Gen Ed (HU): Humanities & Fine Arts	3		GE		●	●	●	●			
Gen Ed (SS): Social & Behavioral Science	3		GE		●	●	●	●			
Gen Ed (NS): Natural Science	3		GE		●	●	●	●			
Gen Ed (SS): SOCA 100 - Introduction to Anthropology or SOCA 101 - Introduction to Sociology	3		GE		●		●				

**Total Credits: 15**

### Semester 2

ENGL 101 - Composition and Reading	3	Prereq: ENGL 100	SK		●		●				
MATH 111 - College Algebra I	3	Prereq: MATH 15	SK		●		●				
Gen Ed (SS): PSYC 101 - Introduction to Psychological Science	3	Prereq: ENGL 100 or concurrent enrollment	MJ/ GE	●	●		●				
Gen Ed (SS): SOCA/WGSS 213 - Gender and Society	3	Meets DV requirement	GE/ DV	●	●		●				
Gen Ed (NS): Natural Science	3		GE		●	●	●	●			

**Total Credits: 15**

**First Year Credit Total 30**

WINTERIM YEAR 1 - OPTIONAL: Consult with your advisor whether winterim is appropriate for you in your first year.

SUMMER YEAR 1 - OPTIONAL: Enrollment in Summer courses is recommended for students who end their first year with less than 30 credit hours.

SK= Skills Requirement, GE = General Education Requirement, MJ = Major Requirement, SS = Social and Behavioral Sciences Requirement, HU = Humanities and Fine Arts Requirement, NS = Natural Science Requirement, DV = Diversity Requirement

## Second Year

Semester 1											
Course	Credits	Course Notes	Category	Major GPA	Fall	Winter	Spring	Summer	Min. Grade	Grade	Complete
PSYC 205 - Cognitive Psychology	3	Prereq: PSYC 101	MJ	●	●						
PSYC 210 - Introduction to Human Development <b>OR</b> PSYC 220 - Social Psychology	3	Prereq: PSYC 101	MJ	●	●		●				
Gen Ed (HU): PHIL 215 - Contemporary Moral Problems	3		GE		●		●				
Gen Ed (NS): Natural Science	3		GE		●	●	●	●			
Gen Ed (SS): SOCA 207 - Marriage and Family	3		GE		●		●				
<b>Total Credits: 15</b>											
Semester 2											
PSYC 210 - Introduction to Human Development <b>OR</b> PSYC 220 - Social Psychology	3	Prereq: PSYC 101	MJ	●	●		●				
XXXX - General Elective	3		EL	●	●	●	●	●			
PSYC 250 - Psychological Statistics	3	Prereq: PSYC 101; completion of computational skills requirement	MJ	●	●		●				
Gen Ed (HU): Humanities & Fine Arts	3		GE		●	●	●	●			
Gen Ed (NS): Natural Science	3		GE		●	●	●	●			
<b>Total Credits: 15</b>											
<b>Second Year Credit Total 30</b>											

WINTERIM YEAR 2 - OPTIONAL: Enrollment in Winterim courses is strongly recommended for students who have accumulated less than 45 credits.  
 SUMMER YEAR 2 - OPTIONAL: Enrollment in Summer courses is recommended for students who end their second year with less than 60 credit hours.

GE = General Education Requirement, MJ = Major Requirement, SS = Social and Behavioral Sciences Requirement, HU = Humanities and Fine Arts Requirement, NS = Natural Science Requirement, EL = General Elective Requirement

## Third Year

### Semester 1

Course	Credits	Course Notes	Category	Major GPA	Fall	Winter	Spring	Summer	Min. Grade	Grade	Complete
PSYC 300 - Research Methods in Psychology	3	Prereq: PSYC 250	MJ	●	●		●				
PSYC 318 - Psychological Assessment	3		MJ	●	●						
Gen Ed (HU): Humanities & Fine Arts	3		GE		●	●	●	●			
PSYC 300 or 400+ Elective	3		MJ	●	●		●				
XXXX - General Elective	3		EL		●	●	●	●			

**Total Credits: 15**

### Semester 2

PSYC 330 - Interviewing	3	Prereq: PSYC 205, 210, 220 or 260	MJ	●			●				
PSYC 300 or 400 Level Depth Course	3	Excludes PSYC 410, 499	MJ	●	●		●				
PSYC 300 or 400+ Elective	3		MJ		●	●	●	●			
XXXX - Upper Division General Elective	3		EL		●		●				
XXXX - Upper Division General Elective	3		EL		●		●				

**Total Credits: 15**

**Third Year Credit Total 30**

WINTERIM YEAR 3 - OPTIONAL: Enrollment in Winterim courses is strongly recommended for students who have accumulated less than 75 credits.  
 SUMMER YEAR 3 - OPTIONAL: Enrollment in Summer courses is recommended for students who end their third year with less than 90 credit hours.

GE = General Education Requirement, MJ = Major Requirement, HU = Humanities and Fine Arts Requirement, EL = General Elective Requirement

## Fourth Year

Semester 1											
Course	Credits	Course Notes	Category	Major GPA	Fall	Winter	Spring	Summer	Min. Grade	Grade	Complete
PSYC 431 - Counseling Psychology	3	Prereq: PSYC 330 or 362	MJ	●	●						
XXXX - Upper Division General Elective	3		EL		●		●				
XXXX - Upper Division General Elective	3		EL		●		●				
POLS/WGSS 203 - Women, Power and Politics <b>OR</b> SOCA/ETHN 206 - Race and Ethnic Relations in the US	3	Meets certificate elective course	MJ		●	●	●	●			
XXXX - General Elective	3		EL	●	●	●	●	●			

**Total Credits: 15**

Semester 2											
PSYC 360 - Abnormal Psychology	3	Prereq: PSYC 205, 210, 220 or 260	MJ	●			●				
XXXX - General Elective	3	Select a course that meets certificate elective requirement	MJ	●	●	●	●	●			
XXXX - General Elective	3		EL	●	●	●	●	●			
XXXX - General Elective	3		EL	●	●	●	●	●			
XXXX - Upper Division General Elective	3		EL		●		●				

**Total Credits: 15**

**Fourth Year Credit Total 30**

WINTERIM YEAR 4 - OPTIONAL: Enrollment in Winterim courses is strongly recommended for students who have accumulated less than 105 credits.  
 SUMMER YEAR 4 - OPTIONAL: Enrollment in Summer courses is recommended for students who end their fourth year with less than 120 credit hours.

MJ = Major Requirement, EL = General Elective Requirement

# Milestone Checklist

## Year 1:

Complete Skills requirement (MATH 111 and ENGL 101).

Review DARS and consult with your advisor every semester.

Declare major by submitting a plan declaration form after completing 15 credits and PSYC 101 with at least a B-.

Create a CareerLocker account and create a resume using Resume Module.

## Year 2

Complete PSYC 205, 210, 220, and 250.

Review DARS and consult with your advisor every semester.

Maintain a 2.5 GPA in all psychology coursework.

Register for RangerTrak and create a career profile, shadow a mental health professional.

## Year 3:

Complete general education requirements including diversity requirement.

Complete psychology core, breadth, and elective requirements and maintain a 2.5 GPA.

Complete PSYC 318 and 330.

Complete 6 of 12 core courses for certificate with a 3.0 GPA in certificate courses.

Review DARS and consult with your advisor every semester.

Join LinkedIn, explore internships and graduate school options.

Submit Graduation Application.

## Year 4:

Complete Mental Health Certificate requirements with a 3.0 GPA in certificate courses.

Complete depth requirement for psychology major and maintain a 2.5 GPA in all psychology coursework.

Complete required certificate portfolio.

Update RangerTrak profile and resume, develop a job search strategy and attend Senior Send Off.

## Graduation Requirements Summary:

Minimum Total Hours: 120 credits

Minimum Upper-Division Hours: 36 credits

Minimum Major hours: 45 credits

Minimum Major GPA: 2.5

Minimum Overall GPA: 2.0